

Affiliated to the University of Mumbai

7.2.1

BEST PRACTICE 2: ENHANCING SELF CONFIDENCE AND BUILDING A WINNING

PERSONALITY

OBJECTIVE OF THE PRACTICE

- Teach students how to showcase their problem-solving and critical thinking abilities through practical examples and case studies.
- Help students develop a positive mindset and overcome interview anxiety through mock interview practice sessions.
- Equip the students with techniques for effective body language.
- Teach students the importance of professional appearance and attire for making a strong first impression.
- Provide students with resources and practice opportunities to improve their general knowledgeand stay updated on industry trends.
- Teach students how to effectively address potential weaknesses or gaps in their qualifications during interviews.
- Develop student's ability to handle difficult or unexpected interview questions with confidenceand grace.

CONTEXT

Encourage a collaborative approach among faculty members, training and placement team and the subject expert faculty to design and deliver the interview skills training program. This program aims to provide a holistic approach to preparing students with the requisite interview skills, addressing extempore speaking, group discussion, one-on-one interviews & trade tests and to align with evolving industry trends, changing interview formats, and emerging skill requirements. Through comprehensive training, students can confidently face interviews, navigate the selection process, and increase their chances of success in their professional careers.

THE PRACTICE

As part of the training program, students from all three years are presented with a series of sessions covering key aspects of the interview process and trade tests and a separate presentation on grooming.

Students are provided a well-structured schedule in advance with extempore topics given during the session after which they are assessed on a 50-point scale and feedback is shared by their peers.

Shella Raheja Institute of Hotel Management

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During the group discussion, students are encouraged to collectively choose a topic for discussion. If they are unable to do so, a topic is provided for them. The discussions are recorded and played back to the students. Feedback is shared with the entire group, fostering a collaborative learning environment.

For the interview preparation, students receive assistance in drafting CVs in a standardized format and encouraged to bring the same along during the sessions.

EVIDENCE OF SUCCESS

Since its inception last year, the program has yielded tangible results, with students experiencing success in their job placements.

Furthermore, the program achieved a successful placement of the first student in the OCLD (Oberoi Center of Learning and Development) program.

The feedback from students of the Second Year has enabled them to be placed for internship in a hotel of their choice.

The program's positive outcomes not only benefit the students individually but also contribute to the reputation and goodwill of the college.

PROBLEMS ENCOUNTERED

Attendance poses a challenge as certain students perceive it as unimportant, resulting in inconsistent participation. Another obstacle being students from diverse linguistic backgrounds are unable to express themselves effectively.

To address these issues, we have started recording the sessions to enable students to review their progress which encourages self-assessment and helps bridge the gap

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